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I cut down **over 29lbs** of fat by obeying this **one** old rule.



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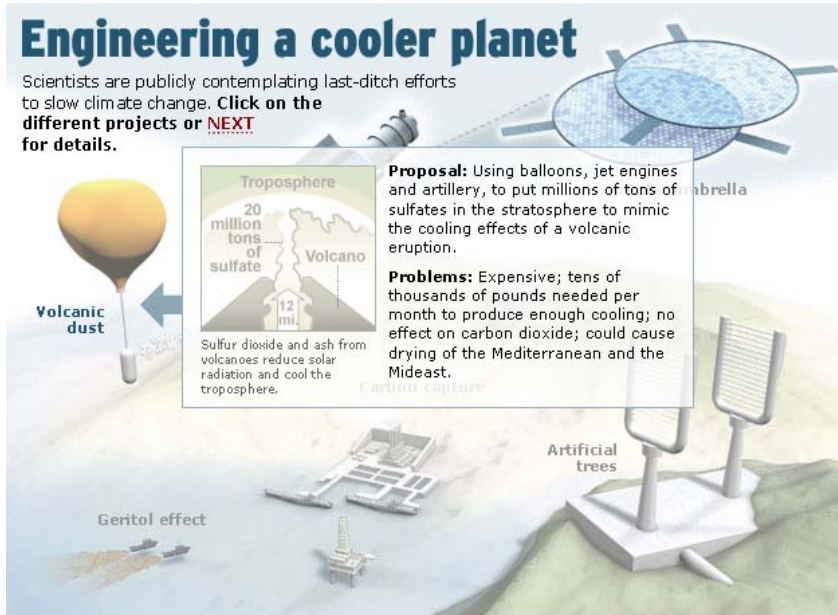
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SOURCES: Intergovernmental Panel on Climate Change; NASA; Roger Angel, University of Arizona, Steward Observatory; Paul J. Crutzen, Scripps Institute of Oceanography, UC San Diego and Max-Planck-Institute for Chemistry; Klaus Lackner, Columbia University
CREDITS: The Associated Press; MSNBC.com

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